**Student Self-Referral Form**

Dear Dr. English,

My name is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Grade\_\_\_\_\_\_

My teacher is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

I need to talk with you about:

* My angry feelings
* How to get along better with friends/peers
* How others are treating me
* The death of a person or a pet I love
* A friend I am worried about
* My grades and schoolwork
* How to get along better with adults (parents/teachers)
* How to get along better with brothers and sisters
* Feeling better about myself
* Saying “NO!” and “STOP IT” when people want me to do things I don’t want to do
* Something else:

Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_

Return this form to the Guidance and Counseling Office. I will contact you as soon as possible!